



Dr. B. Forley



Dr. F. Roth



Dr. G. Ellis



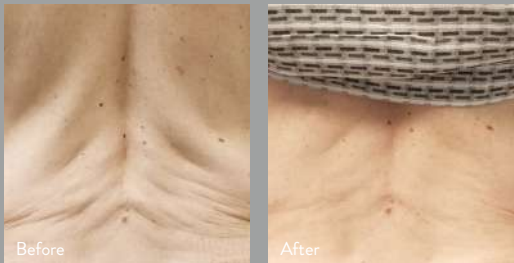
Dr. J. Laningham



Dr. E. Dayan & Dr. R. Rohrich



Dr. G. Stevens



Dr. A. Khalfin

Please speak to your aesthetic provider to see if you are a candidate.

**MORPHEUS8**  
by INMODE

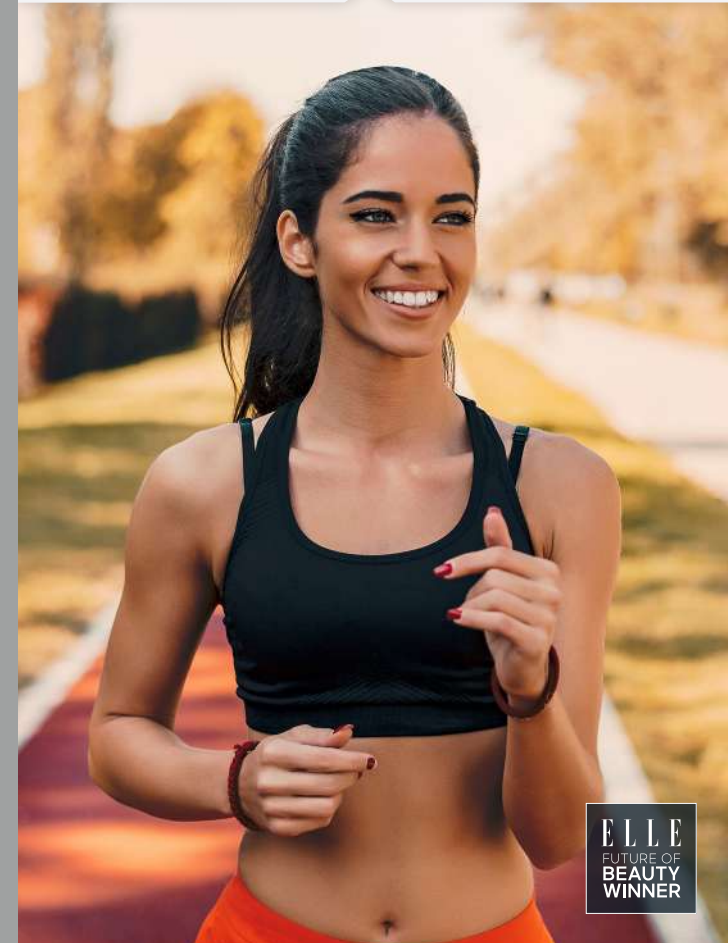
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# MORPHEUS8

by INMODE

REMODEL YOUR  
FACE & BODY



ELLE  
FUTURE OF  
BEAUTY  
WINNER

FULL BODY FRACTIONAL TREATMENT

  
INMODE

# MORPHEUS8

Stimulate the production of collagen and resurface your skin to discover a younger looking you.

## WHAT IS MORPHEUS8?

Morpheus8 is a fractional skin treatment that stimulates collagen production of the underlying layers of the dermis. By targeting the deeper layers of the skin, tissues of the face and body can be remodeled to reveal a more radiant youthful appearance.

## WHAT AREAS CAN BE TREATED?

Morpheus8 can be used on any areas that can benefit from resurfacing and subdermal renewal. The most commonly treated areas include the face, periorbital area, abdomen, thighs, legs, and buttocks.



EYES



FACE / NECK



ABDOMEN



BACK



LEGS

## ENHANCE YOUR SKIN & BUILD COLLAGEN

*"I was concerned about my deep lines and drooping jowls and wanted a more defined look. I couldn't be happier with my results and am told I look much younger. I highly recommend Morpheus8."*

- LENA | PATIENT



## HOW MANY SESSIONS ARE RECOMMENDED?

Your practitioner will recommend the optimal number of sessions to be performed based on your personal objectives. Treatment times and frequency will be specifically tailored to obtain the optimal results.

## HOW QUICKLY WILL I SEE RESULTS?

Visible results can be seen within a few days, but typically after three weeks the most noticeable results appear. Improvements continue up to three months after treatment.

## WHAT IS THE BENEFIT OF FRACTIONATED ENERGY?

Radiofrequency (RF) energy is a scientifically proven method to remodel and rebuild collagen. It is minimally invasive, using a matrix of micro pins to renew the deeper layers of the skin with almost no patient downtime.

## CAN ANYONE USE MORPHEUS8?

The benefit of Morpheus8's color blind technology is that it can be used on all skin types. The unique properties allow even darker tones to be treated.

## CAN THIS BE USED IN COMBINATION WITH OTHER TREATMENTS?

Yes, Morpheus8 can be used in the same treatment session, or a few days after other treatments. Morpheus8 can also be combined with other InMode energy treatments or injectables to achieve more extensive results.

## WHEN CAN I PUT MAKE-UP ON AFTER TREATMENT?

Since patient downtime is minimal, makeup can be applied 1 to 2 days after the treatment. Patients should expect to see micro lesions a few days after treatment and slight redness depending on treatment parameters.

## WHAT KIND OF POST PROCEDURE CARE IS REQUIRED?

Patients should moisturize the treatment area and avoid direct sun exposure. It is also recommended that patients use a broad spectrum sunscreen every day. In addition to reducing the risk of skin cancer, sunscreens also slow the aging process.





# **RADIOFREQUENCY MICRONEEDLING**

## ***MORPHEUS 8***

### **PRE-TREATMENT INSTRUCTIONS**

- On the days prior to your treatment, drink at least 8 glasses of water daily to completely hydrate your skin and optimize results. Eat a well-balanced diet with adequate protein to facilitate healing.
- Avoid any prolonged direct exposure to the sun, if you must be in the sun, use a zinc oxide sunscreen of at least SPF 30+. Also avoid self-tanner and spray tanning for 14 days prior to treatment. We recommend the treatment be performed when your skin is not recently tanned.
- Notify the plastic surgery team if you have a history of cold sores. You may be provided a prescription for an anti-viral medication for prophylaxis prior to the procedure to avoid an outbreak. Call the clinic with any concerns.
- Topical retinoid therapy, vitamin C, or other topical irritant medications should be discontinued 4-5 days prior to treatment.
- No surgical or skin resurfacing treatment (CO2 laser, other laser, chemical peels) may be used within 6 months in the areas to be treated with radiofrequency microneedling.
- Arrive for the treatment with freshly cleansed skin. There should be no lotion, make-up, perfume, powder, oils, or other topical products present on the skin.
- Avoid taking anticoagulants for 14 days prior to the treatment if your medical condition allows. Consult with your primary care physician and plastic surgeon if there are concerns.
- No smoking for 4 weeks prior and 4 weeks after your treatment, at minimum.

### **POST-TREATMENT INSTRUCTIONS**

- Immediately after the treatment, most patients will experience redness of the treated area for 1-3 days. However, for more aggressive treatments, this may last longer.
- Slight to moderate edema (swelling) and a mild to moderate sunburn sensation are also common after treatment. This may last 1-3 days. Skin may crust and peel for 2-7 days depending on treatment.
- A topical ointment may be applied to the treatment area, no bandages or wraps are necessary.
- After the treatment, treat the skin gently. Avoid scrubbing or trauma to the treated area. Use water only or a gentle cleanser for the first 72 hours. You may gently rinse

your face on the evening of the procedure. Gently pat dry. Then apply the recommended moisturizer.

- Avoid sun exposure to reduce the chance of hyperpigmentation (darker pigmentation). You should use a physical sun block SPF 30+ 24-48 hours after treatment. Wear a hat and sunglasses when outdoors for at least 2 weeks following the treatment.
- Makeup may not be worn until 48 hours after treatment. If there are no areas with active oozing and warm redness, makeup may be applied at that time.
- If the face or neck was treated, sleep with your head elevated on pillows or on an incline to help with swelling. If the arms or legs were treated, elevate them on pillows to help with the swelling.
- You may use soft, cool compresses for comfort. Do not apply ice or frozen products directly to skin as this may cause skin injury. Apply for 20 minutes on and then 20 minutes off. You may do this for several days.
- No strenuous activity that causes sweating for 48 hours. Walking is encouraged.
- Over the counter Tylenol is recommended as the primary pain relief medication as needed. No more than 3 grams of Tylenol should be taken in a 24-hour period. Please check the label on your bottle to remain aware of dosages. Aspirin, Ibuprofen, or other NSAIDS may increase bruising. Typically, no oral medications are required.
- Your provider will inform you when you may resume the use of your usual skin care products. Typically, you may resume your usual skin care regimen, including retinoids, 7-10 days after treatment. Prior to beginning irritant topicals or retinoids, all flaking, swelling, and redness should be resolved.
- Multiple treatments over a period of several months may be required to achieve the desired response. You may notice immediate as well as longer term improvements in your skin. Typically, patients achieve optimal results with a 3-treatment session protocol, depending on response, patient variables, and energy levels. The sessions are typically separated by 4-6 weeks.
- Call the office if you are experiencing any symptoms that are concerning to you. If it is outside working hours, you will be re-directed to the plastic surgeon on call. We are available 24 hours, 7 days a week, so please do not hesitate to reach out.
- The Plastic Surgery Clinic phone number is: **617-632-7827**